

TONGUE TIE REGULATIONS

APRIL 21 2020

HRNSW Stewards remind all industry participants of the changes to the regulation of tongue ties.

These changes were announced by Harness Racing Australia (HRA) on 20 February 2020 and were made effective from 1 April 2020.

HRA Notice 20 February 2020 [Click Here](#)

Tongue Tie Regulations

Tongue ties used must be commercially available and designed for this purpose.

Tongue ties must meet the following specifications:

- Made of leather or rubber (at least 15mm in width);
Or,
- Made of lycra or neoprene (at least 50mm in width).

Please note the following points, as failure to comply with them may result in stewards applying a penalty:

- Nylon stockings and vet wrap are not to be used.
- Tongue ties must not be secured to either the bit or the bridle due to the risk of damage to a horse's tongue should the bridle be dislodged in an incident.
- Tongues which are tied must remain inside the horse's mouth in its usual position.
- Tongue ties must not be applied more than 30 minutes prior to race time.
- Tongue ties must be removed as soon as practicable post-race.

For further information on this matter contact:
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